

CHRONIC CONDITION MANAGEMENT

# Get Results That Are Out of This World

4 Steps to Blast Off to Better Health



healthcare costs with a Chronic Condition Management Program that delivers results that are out of this world.

Your employees are your biggest asset, and your benefits plan is one of your top recruiting and retention tools. So making sure that employees are getting the care and support they need to improve health and live their best lives is critical to the overall success of your company. Over 40% of US adults have a chronic health condition and those people are employees at your company, left to navigate the healthcare industry and their condition alone.

Read on to find out how HealthCheck360's robust Condition Management Program helps you reduce costs and deliver better utilization of your health plan, *without* adding more work to your HR team.









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## THE SKYROCKETING COSTS OF CHRONIC CONDITIONS

As healthcare costs continue to rise, getting to the root of increasing spend is key for employers. For many companies, chronic conditions are a huge driver of their sky-high medical spend.

# THE COST OF CHRONIC CONDITIONS

Members with Chronic Conditions cost

2.28

more than members without

80%

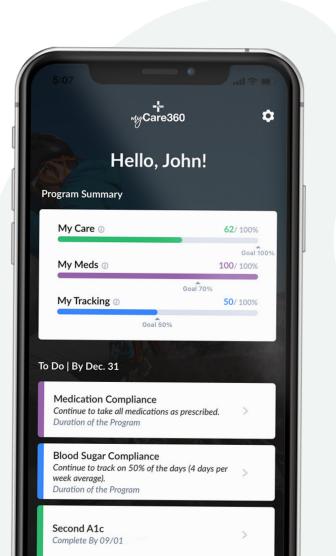
of a company's Health Plan Spend is linked to members with Chronic Conditions



#### Chronic Conditions are Causing Health Plan Spend to Soar

HealthCheck360's analysis of multiple clients across a wide range of industries shows that 59% of adult members who incur medical claims had at least one chronic condition like diabetes or hypertension. These people accounted for 80% of the company's medical spend. In addition, individuals with a chronic condition cost their company 2.2x more each year than individuals without a chronic condition.

While America's health care crisis is a complex problem, there are actions you can take to reduce costs, while still supporting and advocating for employee health.



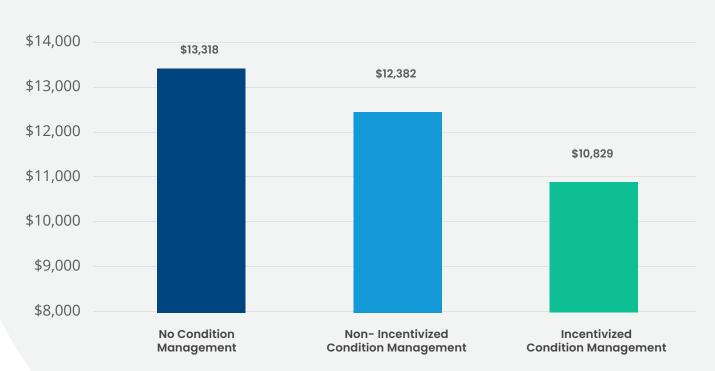
# P A R T

## LAUNCHING INTO LOWER COSTS

Our program takes a different approach than most, combining intuitive technology, strategic enrollment, and customizable incentives to actively engage our clients' highest-risk, highest-cost members. When these individuals take steps to improve their well-being, health plan costs are significantly reduced.

As a result, our clients save 19% in medical spend per participant enrolled in an incentivized condition management program.

#### CHART 1 Reduce Costs by 19% Per Compliant Member Each Year with Incentives AVG PMPY COST FOR PLAN MEMBERS WITH 1+ CHRONIC HEALTH CONDITION(S)

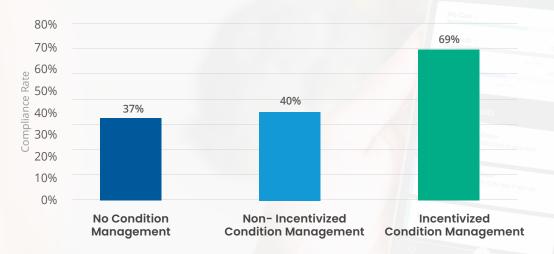




#### BOOST ENGAGEMENT WITH INCENTIVES

Effectively engaging all at-risk employees once they are enrolled is key to the success of a company's condition management program. By providing our clients with flexible incentive solutions, we construct a condition management program that motivates their population to engage.

#### CHART 2 Get Higher Engagement with Rewards AVERAGE COMPLIANCE RATES



#### REWARDING Engagement

Incentivized Condition Management programs generate

29%

higher engagement than non-incentivized programs

**Companies save** 

\$2,490

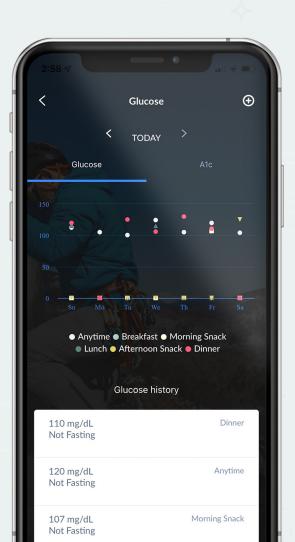
PMPY for those with a chronic condition when they incentivize Condition Management



#### Reach New Heights with Flexible Rewards

Based on data from multiple
HealthCheck360 clients, providing
employees with rewards for achieving
better health increases compliance
rates by 29% and saves companies an
average of \$2,490 annually per member
with a chronic condition.

Our clients belong to a diverse range of industries, which means the best incentive structure for each group will depend on their unique culture and business objectives. That's why we make sure our clients have the flexibility to offer a variety of rewards like HSA and HRA contributions, insurance discounts, gift cards, and more.



#### P A R T

#### BUILD HABITS THAT ARE OUT OF THIS WORLD

By providing members with the tools, resources, and individualized support they need to better manage their chronic conditions, our clients are helping their employees make life-changing decisions to improve their health.

When companies invest in chronic condition management, they successfully demonstrate care for their population's well-being and boost employee satisfaction, while reducing healthcare costs.



#### Launch your Condition Management Program today!

To learn more, get in touch with your HealthCheck360 Representative or visit healthcheck360.com to see how you can lower healthcare costs and improve the health of your population.



✓ HealthCheck 360